

# DUST MITES: An allergy trigger that you *can control.*



For those who suffer from allergic asthma, nasal allergies or allergic eczema, dust mites are a big contributing factor to allergy symptoms. In Florida, 70% of patients who seek medical care for allergies are allergic to dust mites. The good news is, there are some simple steps that you can take today to reduce your exposure to dust mites and improve your quality of life!



Scan the QR code to view an informative 10-minute video on how you can avoid exposure to dust mites and their allergy-causing substances.

**Potens***Allergy*